

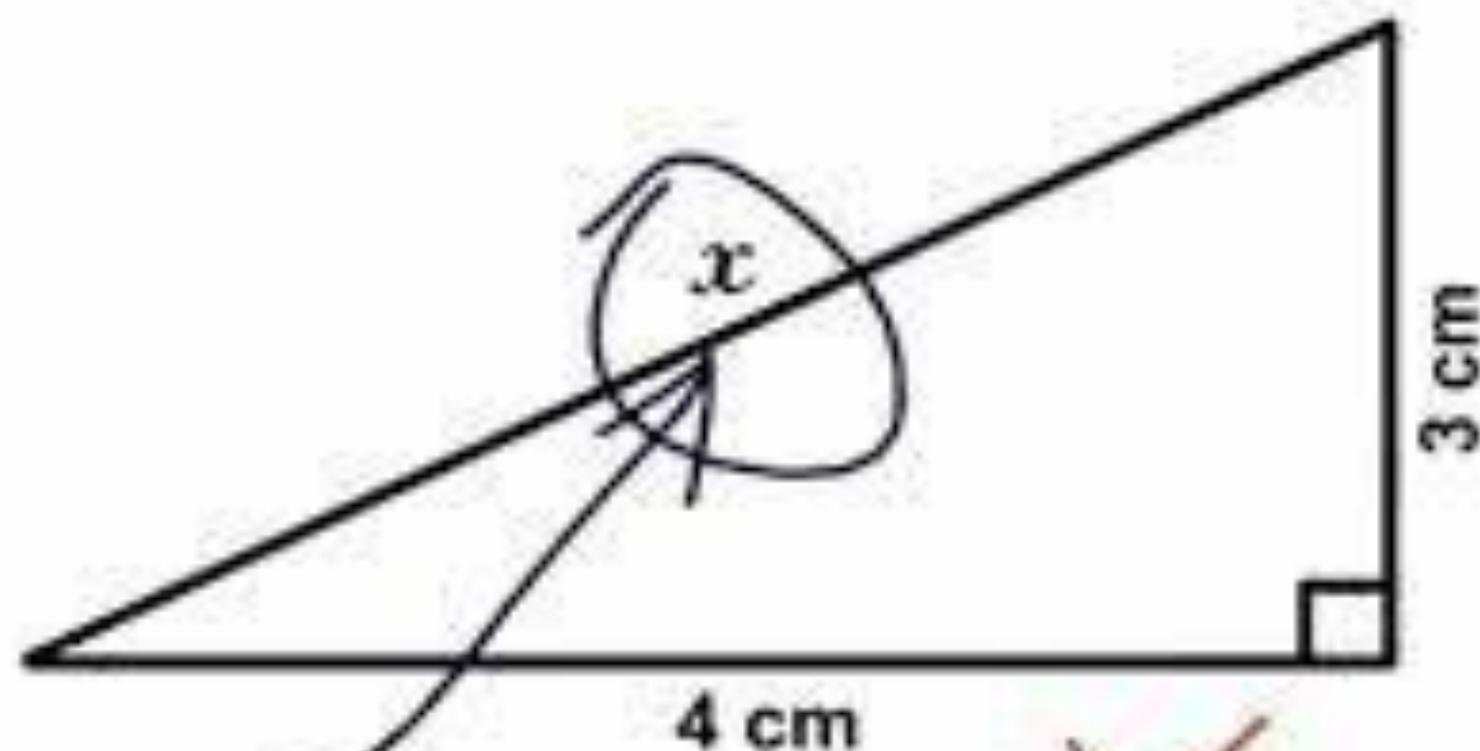


# Support @ Worden

How can ~~you~~ we  
together help your child  
revise?



3. Find  $x$ .



Here it is



A woman with long dark hair, wearing a blue long-sleeved top and a necklace, is sitting at a wooden desk in a library or study area. She is looking down and writing on a piece of paper with a pen. The background is blurred, showing other people and rows of purple chairs. A large, pink, cloud-shaped thought bubble is positioned above her, containing the text "Help! I don't know how to revise!".

**Help! I  
don't know  
how to  
revise!**

# Typical Anxieties

What if she doesn't get her grades for college?

Am I pushing her too hard?

I just want her to do well, but when I try to make her revise we fall out



I don't understand some of her subjects, how can I possibly help

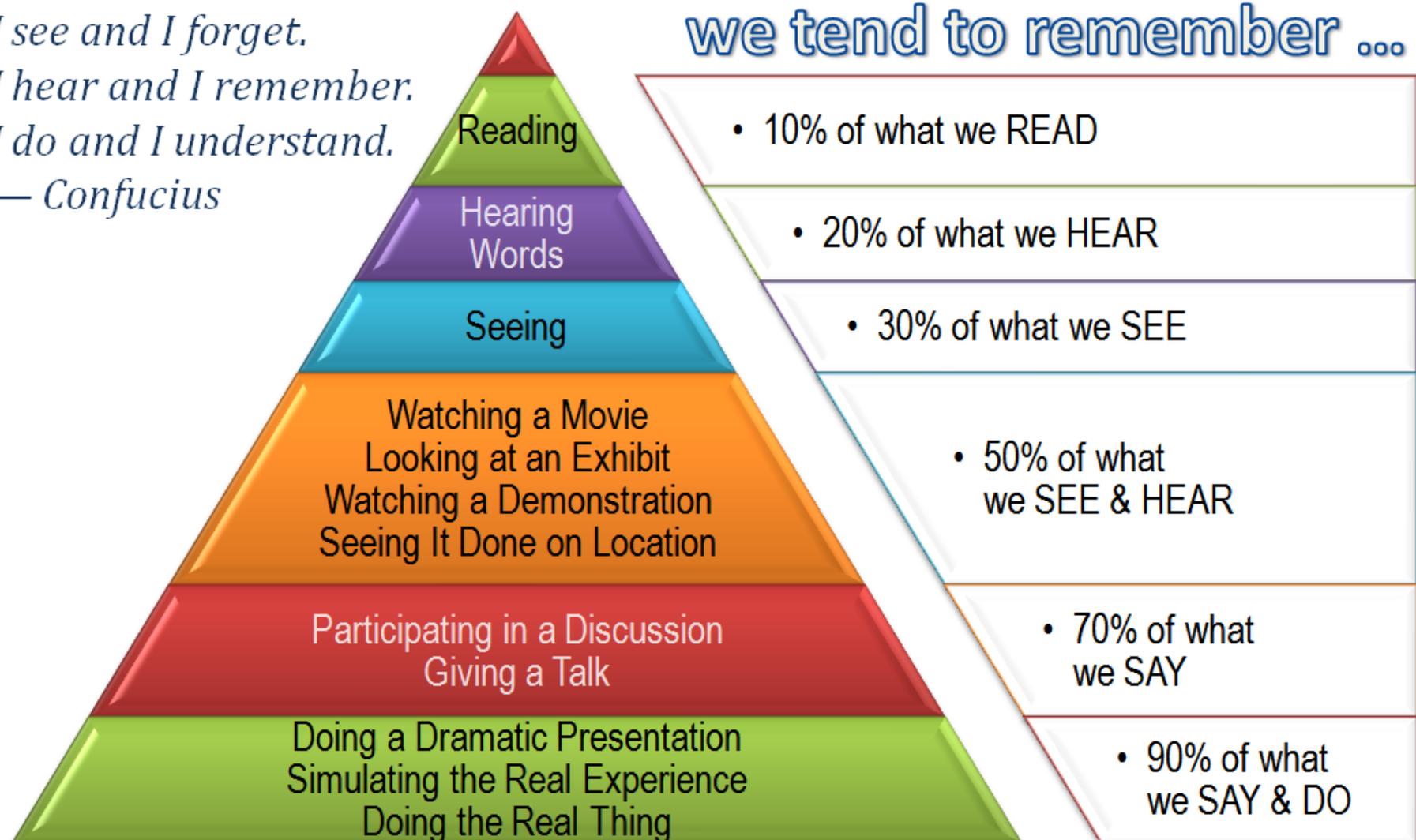
# Active Learning

*" Active learning is the key to remembering. You have to DO something to keep the words in your head."*



# The Cone of Learning

*I see and I forget.  
I hear and I remember.  
I do and I understand.*  
— Confucius



Source: Edgar Dale (1969)

# Relate!

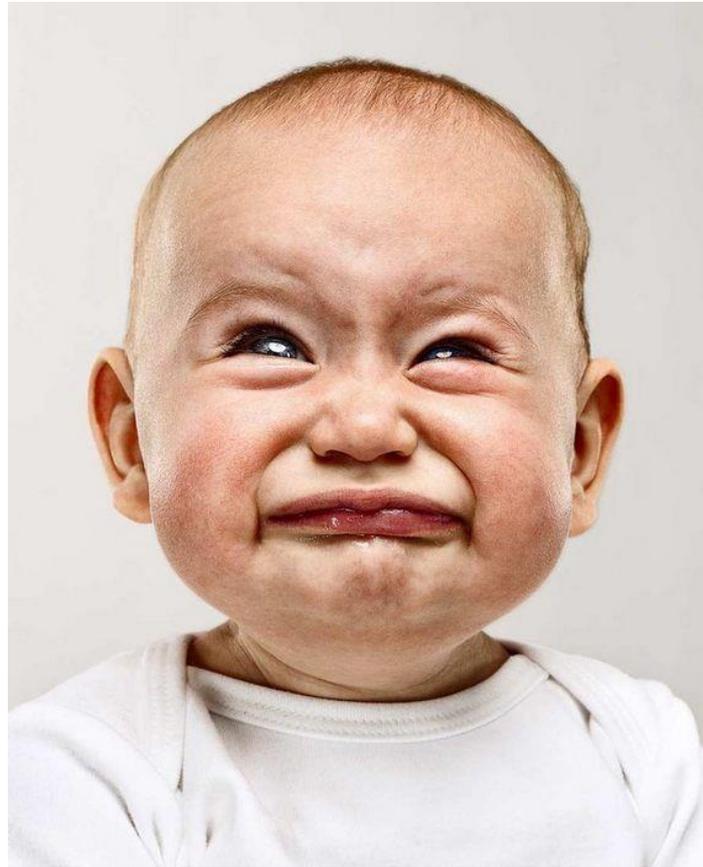
*" It's much easier to remember colourful, memorable mental images, than it is to remember dull facts."*



# Back to School



# 10 TIPS



# TIP 1:

## Read, Cover, Copy, Check



# TIP 1:

<u>LEARN</u>	<u>COVER</u>	<u>COPY</u>	
Bandwidth measures	The capacity of a connection		
Bandwidth is expressed	In bits per second		
Latency measures	The speed of the connection		
Latency is expressed	In milliseconds		
Ethernet is sometimes called	IEEE 802.3		
Ethernet is	A set of software and hardware rules or protocols for linking computers together to form a LAN		
Ethernet was developed in	1973		
Modern cable is referred to as	Cat5 or Cat5e		
A basic transmission speed is	Up to 10MB		
A fast transmission speed is	Up to 100B		
A Gigabit transmission speed is	100MB (1 billion bits per second)		
IP (Internet Protocol) address is	The personal address of your computer so that servers know where to send the information		
Wireless transmissions can be affected by	Household appliances such as microwave ovens and cordless phones		

# Can you remember the 10 TIPS?

## 1: Read, Cover, Copy, Check



# TIP 2:

## Mnemonics



# Mnemonics

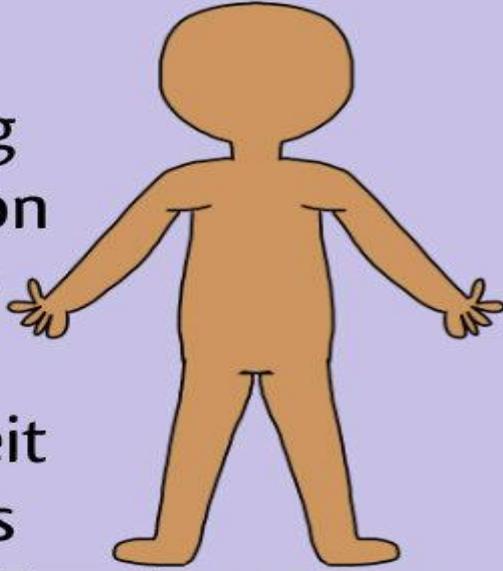
Many **types** of mnemonics exist and **which** type works **best** is limited only by the **imagination** of each **individual learner**.

# Expression or Word Mnemonics

- This is by far the most popularly used mnemonic. To make an Expression or Word mnemonic, the **first** letter of each item in a list is arranged to form a phrase or word.
- In English, the 7 coordinating conjunctions are **F**or, **A**nd, **N**or, **B**ut, **O**r, **Y**et, **S**o = FANBOYS.
- The order of operations for math is **P**arentheses, **E**xponents, **M**ultiply, **D**ivide, **A**dd, and **S**ubtract = **Please Excuse My Dear Aunt Sally**.

# Mnemonics

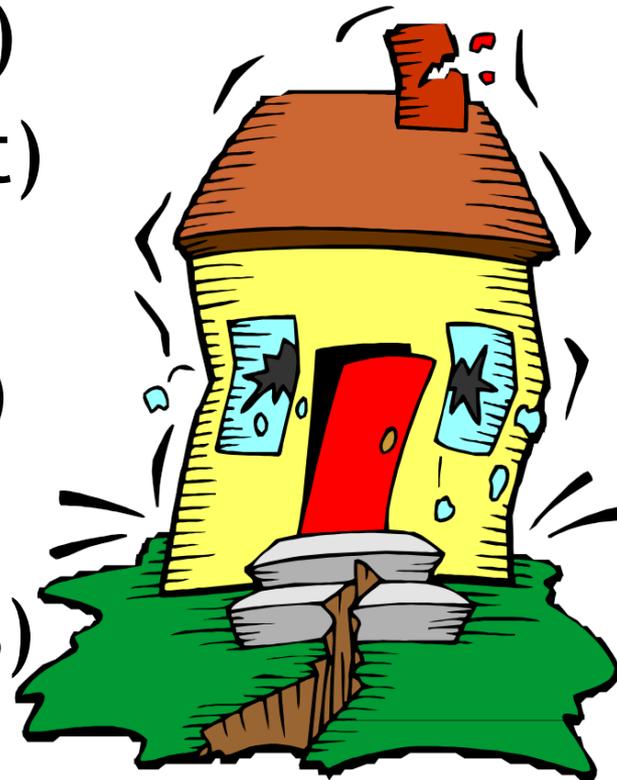
## Emergency Trauma Assessment

- A** Airway
  - B** Breathing
  - C** Circulation
  - D** Disability
  - E** Examine
  - F** Fahrenheit
  - G** Get Vitals
  - H** Head-to-Toe Assessment
  - I** Intervention
- 

# Mnemonics

## EARTHQUAKE MNEMONIC

- Beans (boundary)
- Mean (movement)
- Farts (friction)
- Please (pressure)
- Sit (suddenly)
- Still (shockwaves)



# Can you remember the 10 TIPS?

- 1: Read, Cover, Copy, Check
- 2: Mnemonics



# TIP 3:

## Revision Cards



# Revision Cards

- Question or key word on one side.
- Answer or definition on the other side.
- Make sure that the cards are available at all times.



# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics



3: Revision Cards



# TIP 4:

## Highlighting



# Highlighting

- Many students find that **marking** their study texts with highlighter pens or **annotating** them by writing in the margins helps them to concentrate, and it **enhances** their understanding. Just deciding what to highlight, underline or annotate encourages you to **think critically** and **formulate** your own response to the text.
- To use this technique, first **read quickly through** the text to get an overview of what it's about. Then **read it more closely, pausing at the end** of each paragraph to **identify the main points**. In the page margins you might like to **add brief comments and queries** as annotations.

# Highlighting

Then you decide what you want to **highlight** or underline to help you to recognise key points and their significance. You may decide to emphasise

- A sentence or word that sums up an important idea
- Quotations
- Statistics
- Specialised terms
- Important or useful data
- Examples or links to other ideas.

You could use **different coloured pens** to mark different kinds of information, but be careful not to highlight so much that it becomes **distracting**.

This technique is not a replacement for making your own notes, but may form the first stage in creating diagrammatic notes (such as mind maps) as well as preparing for essays.

# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics

3: Revision Cards

4: Highlighting



# TIP 5:

## Post It Notes

Your child need to choose places they go to regularly.



Use post-it notes, strategically placed around your home, to remind you of tricky facts.

# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics



3: Revision Cards



4: Highlighting

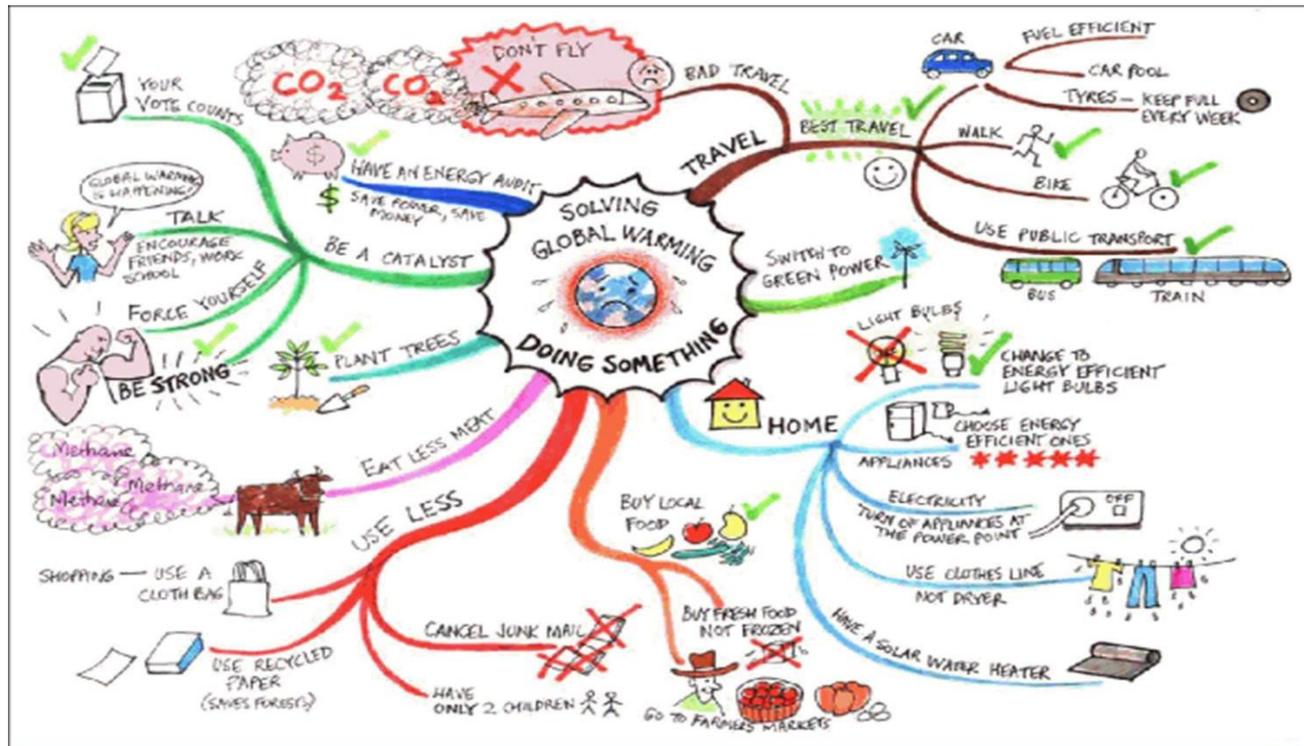


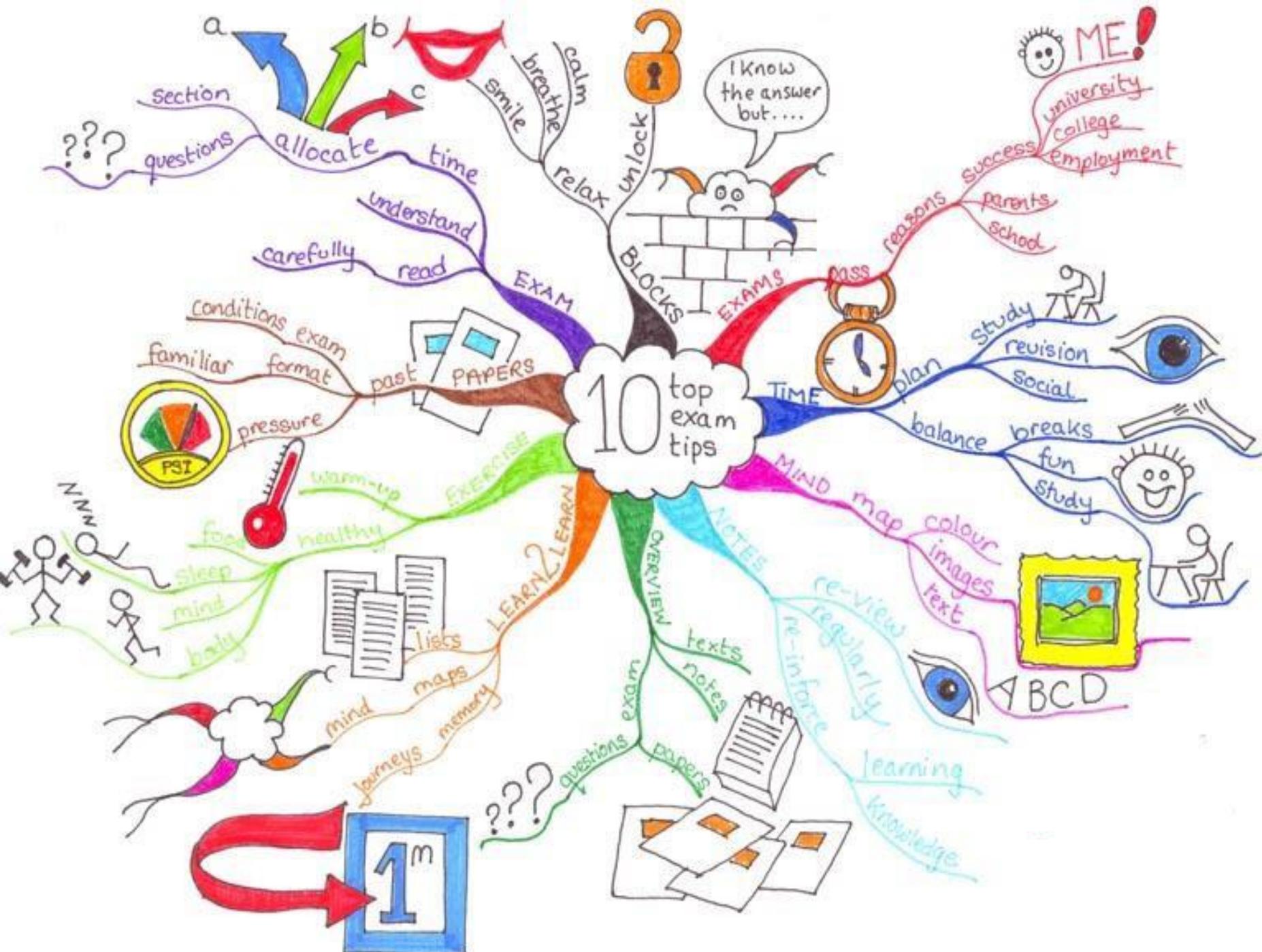
5: Post It Notes



# TIP 6:

## Mind Maps





# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check



2: Mnemonics



3: Revision Cards



4: Highlighting



5: Post It Notes



6: Mind Maps



# TIP 7:

## Teach it

1. Test your child
2. Let them be the teacher. They can teach you or a friend.
3. Testing each other/someone else will inform them of what they know and which areas they need to work on/revise more/focus on more etc.



# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics



3: Revision Cards



4: Highlighting



5: Post It Notes



6: Mind Maps



7: Teach it



# TIP 8:

## Singing or Chanting



# Singing or Chanting

- Can you think of when you used this method to learn and remember?
- Reciting things again and again does seem to help even more if it is to a tune or a song.
- For example: Take one line from one paragraph and fit it to a tune.
- Add the next line and so on for the next paragraph. Keep checking the text at this stage.
- Keep singing it over and over again until you can cover the text and sing the song without referring to it.

# Remembering Capital Cities

## To the tune of Frère Jacques

France is Paris, France is Paris  
Spain's Madrid, Spain's Madrid  
Portugal is Lisbon, Portugal is  
Lisbon

Germany's Berlin, Germany's  
Berlin



# Remembering Capital Cities

**Greece is Athens, Greece is Athens**

**Italy is Rome, Italy is Rome**

**Austria's Vienna, Austria's Vienna**

**Switzerland's Bern, Switzerland's Bern**



**Sweden's Stockholm, Sweden's Stockholm**

**Czech is Prague, Czech is Prague**

**Finland is Helsinki, Finland is Helsinki**

**Ukraine's Kiev, Ukraine's Kiev**

# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics



3: Revision Cards



4: Highlighting



5: Post It Notes



6: Mind Maps



7: Teach it



8: Singing or Chanting



# TIP 9:



## Record it

### Excellent for remembering:

1. Long pieces of text (French speaking)
2. You can do it anytime, anywhere
3. Can practice reading the answers out aloud.
4. Students can record their own answers, responses or even a presentation etc.

### TOP TIPS

- After a few listens they can try pausing the track and see if they can predict the next part of their answers.
- After a few days of revision they can try re-recording it and see what they know already and where more work is needed.

# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check

2: Mnemonics



3: Revision Cards



4: Highlighting



5: Post It Notes



6: Mind Maps



7: Teach it



8: Singing or Chanting 🎤



9: Record it



# TIP 10

## Past Exam Paper Questions

- Pupils complete some past exam questions.
- They mark their answers. Fill in the answers they missed. Go through the paper and colour code each topic (Red-need to revise, Amber- Need to go over a few bits again, Green- got it)
- Use it to test their ability to; recall the information they have revised, to answer the question asked, not just write down everything they know, to follow the command words in an exam.



# Can you remember the 10 TIPS?

1: Read, Cover, Copy, Check



2: Mnemonics



3: Revision Cards



4: Highlighting



5: Post It Notes



6: Mind Maps



7: Teach it



8: Singing or Chanting 🎤



9: Record it



10: Past Exam Paper Questions



# Create a Calming Environment



# Diet is important



# Sleep - The right amount of.



# Exercise to refresh the mind



# You may not be the expert but you can..

work out a revision timetable for each subject

- break revision time into small chunks - hour-long sessions with short breaks at the end
- make sure your child has all the essential books and materials
- buy new stationery, highlighters and pens to make revision more interesting
- go through school notes with your child or listen while they revise a topic
- time your child's attempts at practice papers

If you are already effective at this..



**That's great...but it is your child that needs to know it!**

# Rewarding Effort = Growth Mind-set

- Encourage your child to do well for his or her own sake rather than for money or to please you
- Explain that exams aren't an end in themselves but a gateway to the next stage of life
- Good results are themselves the best reward for hard work
- Make sure your child knows you're interested in their work and that you'll be proud if they do well.
- Although bribery isn't advisable, it's fine to provide small treats. Try and make these timely and realistic, not something too far in the future.
- Consider rewarding the quality of the revision rather than the result.

## And Finally..

- ✓ **YOU** are the expert on your child
- ✓ **YOUR** support, **ENCOURAGEMENT** and **INTEREST** can make a **SPECTACULAR DIFFERENCE**
- ✓ **YOU CARE THE MOST**
- ✓ **YOU LOVE THEM** and will be **PROUD** of them whatever happens